

PIRANHA SWIMMING

D A R I E N , C O N N E C T I C U T

May 30, 2017



Practice Updates This Week

F2

No practice any group-coaches at meets

MEMBERSHIP CARDS

Please all Piranha Swimmers MUST swipe their membership card at the welcome desk before entering the locker rooms. Kids without cards may be turned away.

Darien YMCA App

The Darien YMCA has a new phone app available for free for Apple and Android. Look for it where you download your apps!



MEET INFO THIS WEEK

Wilton Distance meet- at Wilton YMCA- Friday 6/2

12/under warm up: 1pm start: 2pm

13/over warm up: 4pm start: 5pm

Attire: White "P" caps, yellow tee shirts, Piranha team suit, all other gear Piranha!!

Volunteers: NONE

Zeus 9/u Mayor's Cup- at Norwalk HS- Friday 6/2

9/under warm up: 4pm start: 5pm

Attire: White "P" caps, yellow tee shirts, Piranha team suit, all other gear Piranha!!

Volunteers: 2- sign up on google doc on homepage

Badger Summer Starter- at Lehman College- Sunday 6/4

11/12 & 13/14 warm up: 730am start: 830am

9/10 & 15/over warm up: 130pm start: 230pm

Attire: White "P" caps, yellow tee shirts, Piranha team suit, all other gear Piranha!!

***This meet is charging spectators an admission fee and there is a fee to park in the lot.

Usually meets in Metro-NY don't assign timers ahead of time.

They will either cover it themselves or ask the day of the meet.

It is up to you if you wish to volunteer on the spot. Please note, if you do, no one has arranged back-up in advance, so you must be willing to time the entire session or ask another Piranha parent to back you up. You will receive credit if you time, just please let us know on Monday morning that you did so. If you do time, the host will waive your admission fee.

*****PLEASE DO NOT BE LATE FOR WARM UP!!** Check in with Piranha coaches is **15 minutes** prior to the start of warm up. If you are scratched, there is no hope of getting back into the meet. **BRING CHAIRS TO ALL MEETS JUST IN CASE YOU NEED THEM!**

MEET SIGN UPS

Intrasquad meet- deadline M 6/12

W 6/14 Warm up: 515pm start: 545pm

*** PIZZA will follow for all meet swimmers in the Y

Community Room. Please contact [Neenu Sharma](#) if you can help/chaperone.

Orcas Meet at Italian Center- deadline Th 6/22

Th 6/29 Warm up and start TBA

***Google docs for both meets available on homepage

Piranha Person to Person [Goods Drive](#), 5/30-6/14

The Piranhas will be teaming up with Person to Person for a Spring goods drive. Coaches will be collecting goods each day at practice from May 30th to June 14th. Although all donations are welcome, please [check the list \(link available on the Piranha homepage\)](#) and keep donations to the items listed. Thank you for your support and for supporting the town of Darien!

Outdoor meet tips:

Always be prepared for anything! Must haves for an outdoor meet include: chairs, plenty of warm, dry clothes, extra towels, a blanket, sunscreen and plenty of water to drink. The pool is heated, but in the morning (especially) it will be chilly once the swimmers hop out of the water. Also, unless there is thunder and/or lightening, none will be cancelled.

Parents on deck and in Team area:

Please note parents **ARE NOT ALLOWED** on deck at swim meets unless you are a volunteer timer. Once you drop off your swimmer to the Team you must then proceed to the designated spectator area. Every meet has one. Even if the the spectator area is on deck, like our pool, parents are still not allowed in the designated Team area, even parent timers. Only coaches, officials and swimmers are allowed in the Team area at USA and YMCA swim meets. **This is a strict USA Swimming and YMCA Swimming policy.**

HOUSE MAKE UP SESSION

There will be a make-up session for the Spring House I/II session ONLY on Thursday 6/22 445-530pm. This is the makeup from the cancelled day in April due to the thunderstorm.

FOLLOW US ON FACEBOOK AND INSTAGRAM!

"Like" our Facebook page- **Piranha Swimming at the Darien YMCA** (link is on the homepage) and make a request to follow our Instagram- **piranhaswimct**. You never know when your picture will pop up!

Quote of the Week

"Have patience. All things are difficult before they become easy."

Saadi