

PIRANHA SWIMMING

DECEMBER 17, 2018



Practice Notes This Week

M
17 Regular practice all week

MEMBERSHIP CARDS

Please all Piranha Swimmers MUST swipe their membership card at the welcome desk before entering the locker rooms. Kids without cards may be turned away.

LEAVING PRACTICE EARLY

If your swimmer must leave practice early, please send a note with your swimmer to give to the coach.



MEETS THIS PAST WEEK

The Piranhas had a very busy week of racing last week! We started out with the Blue vs. Yellow Intrasquad #2- where the Blue team was again victorious with a decisive 187-110 win. Saturday saw the older Piranhas in action at the Sharks Distance Meet where 8 Piranhas swam the 200 Fly for the first time and 2 more swam the 400 IM for the first time. Will Moles swam the 200 Fly, 400 IM double! He had about 10-12 minutes of rest between events. While the older kids were swimming in Stamford, the Piranhas had 25 10/unders travel to Brookfield meet on Saturday for the Santa Claus Classic. The meet hosted a fire engine, holiday music, special heat prizes and a visit from Santa himself!! Just an overall fun time with some great swimming! As always, thanks to all the volunteer timers and officials. Can't do it without you.

LOOKING AHEAD- Christmas Break and beyond

As we head into the Christmas break, please note that our practice schedule will change a bit- please check the Piranha website for the official schedule for the break week. Our schedule will return back to normal on January 2nd, and we will be right back into competition that weekend with the 12/unders heading out to the SMST Snowball Classic. The season will move quickly from there, with all of our Y State Championships, a few more USA meets, then before you know it, it will be Championship time!

GOOGLE DOC MEET SIGN UPS

***ALL SIGN UPS FOR THE REST OF THE SEASON ARE UP!

The only way to sign up for a swim meet is through google docs, listed on the Piranha homepage. The sign ups for the rest of the season are up (with the exception of Regional Championships in early March), so please add your name to the list if you intend to swim at a meet. ****Please read the meet announcements (linked to the Winter Meet Schedule) carefully as different meets have different start times/age groups, etc.* Deadlines are approaching quickly!

| <u>Meet</u> | <u>Deadline</u> |
|--------------------------|-----------------|
| SMST Snowball Meet 1/5-6 | 12/20 |
| 13/over Y States 1/18-19 | 1/7 |
| 9-12 Y States 1/26-27 | 1/9 |
| GYWD One Stop Meet 1/31 | 1/14 |
| 8/u Y States 2/3 | 1/23 |
| Bulldog Invite 2/9-10 | 1/14 |
| 8/u NE Y All Stars 3/22 | 3/4 |
| NE Y All Stars 3/22-24 | 2/25 |



We had over a dozen Piranha families at the Wreaths Across America, wreath laying ceremony at the Veteran's Memorial Cemetery in Darien, Saturday afternoon. This is an event where volunteers help lay wreaths at the headstones of all the fallen veterans buried in the cemetery, one of only 3 commissioned Veteran's Cemeteries in CT, the other two are in Rocky Hill and Middletown. It was an awesome and moving experience. GO PIRANHAS!

DECEMBER BREAK WEEK SCHEDULE

| DECEMBER | | | | | | |
|--------------------------------------|---------------|--|--|--|---|-------------------------|
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| Regular 18 | Regular 19 | Regular 20 | Regular 21 | Regular 22 | Regular 22 | P120 - 6:30-8:00a 23 |
| OFF 24 | OFF 25 | P120-2:45-5:00p P105-4-4:45D/S445-615p P90-4-4:45DL/S4:45-6p Junior - 5:00-6:30p Neptune - 5:45-7:00p Nautilus - 6:00-7:00p Maia - 5:00-5:45p House - OFF 26 | P120-5:30-7:15a/ 2:45-4:45p P105 - 6:30-8:00p P90 - 6:30-8:00p Junior - 6:30-7:45p Neptune - OFF Nautilus - 6:30-7:30p Maia - OFF House - 4:45-5:30p 27 | P120 - 2:45-5:00p P105-4-4:45D/S445-615p P90-4-4:45DL/S4:45-6p Junior - 5:00-6:30p Neptune - 5:45-7:00p Nautilus - 6:00-7:00p Maia - 5:00-5:45p House - OFF 28 | P120 - 6:15-8:30a P105 - 6:15-8:30a P90 - 7:00-8:30a Junior - 8:30-9:45a Neptune - 8:30-9:45a Nautilus - 8:30-9:45a Maia - 8:45-9:45a House - 9:00-9:45a 29 | P120 - TBA 30 |
| P120 - 6-8am all others OFF 31 | OFF 1 | Back to Regular Practice times 2 | | | | |



Quote of the Week

"Do not go where the path may lead, go instead where there is no path and leave a trail."

Ralph Waldo Emerson

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