

2019 Long Course Practice Schedule

April 22–June 23

UPDATED 1/15

PLEASE NOTE SCHEDULE IS SUBJECT TO CHANGE

DL = Dry Lands

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
House 8/Un	5:30–6:15p	4:45–5:30p	5:30–6:15p	4:45–5:30p	xxx	9:00–9:45a
House 9/Ov	5:30–6:15p	4:00–4:45p	5:30–6:15p	4:00–4:45p	xxx	9:00–9:45a
Maia	5:00–5:45p	xxx	5:00–5:45p	xxx	5:00–5:45p	8:15–9:00a
Nautilus	6:15–7:15p	xxx	6:15–7:15p	6:30–7:30p	5:30–6:30p	8:15–9:00a
Neptune	5:45–7:15p	6:30–8:00p	5:45–7:15p	xxx	5:45–7:15p	9:45–11:00a
Junior	5:45–7:15p	6:30–8:00p	5:45–7:15p	6:30–8:00p	5:45–7:15p	9:45–11:00a
P90	Sw 3:45–5:00p DL 5:00–5:45p	6:30–8:00p	Sw 3:45–5:00p DL 5:00–5:45p	6:30–8:00p	3:30–5:00p	6:30–8:15a
P105	3:30–5:30p	Sw 3:15–4:45p DL 5:00–5:45p	3:30–5:30p	Sw 3:15–4:45p DL 5:00–5:45p	3:30–5:30p	6:30–8:15a
P120	3:30–5:45p	Sw 3:00–4:45p DL 5:00–5:45p	3:30–5:45p	Sw 3:00–4:45p DL 5:00–5:45p	3:30–5:45p	6:15–8:15a