2019 Long Course Practice Schedule II
June 24–Aug 2

UPDATED 3/21

PLEASE NOTE SCHEDULE IS SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
House 8/Un	xxx	4:45-5:30p	xx	4:45-5:30p	xxx	9:00-9:45a
House 9/Ov	xxx	4:45-5:30p	xxx	4:45-5:30p	xxx	9:00-9:45a
Maia	5:00-5:45p	xxx	5:00-5:45p	xxx	5:00-6:00p	9:00-9:45a
Nautilus	5:45-6:45p	xxx	5:45-6:45p	6:30-7:30p	5:00-6:00p	9:00-9:45a
Neptune	5:00-6:30p	6:30–8:00p	5:00-6:30p	xxx	5:00-6:30p	8:15-9:45a
Junior	5:00-6:30p	6:30–8:00p	5:00-6:30p	6:30–8:00p	5:00-6:30p	8:15-9:45a
P90	5:00-6:45p	6:30-8:00p	5:00-6:45p	6:30-8:00p	5:00-6:30p	6:30-8:15a
P105	5:00-6:45p	6:00-8:00a xxx	5:00-6:45p	6:00-8:00a xxx	5:00-6:30p	6:30-8:15a
P120	5:45-8:15a xxx	5:45-8:15a xxx	5:45-8:15a xxx	5:45-8:15a xxx	5:45-8:15a xxx	6:15-8:15a